

Valley High School

Richard Gutierrez, Principal

Tina Mayfield, Vice Principal
Tom Dickinson, Vice Principal
Chris Clark, Vice Principal
James Welcome, Academic Program Coordinator



6300 Ehrhardt Avenue
Sacramento, CA 95823
916) 689-6500
FAX (916) 682-1528

Dear Parents and Students,

The Athletic Department of Valley High School is committed to the overall vision and mission of the school which offers student-athletes the opportunity to compete in an environment that supports the highest levels of commitment, personal growth, respect, discipline and determination. As a community, we take great pride in the accomplishments of our student-athletes. Athletics allows student-athletes to pursue excellence in the classroom, their community and lives, while competing at a high level in their chosen sport. The Valley community takes pride in building these leaders that are committed to improve every day on and off the field by overcoming the challenges they may face on a daily basis.

In order to facilitate your participation in athletics at Valley High School, we have put together for you and your parents some information concerning expectations. As a parent, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of the respective team as follows:

- Philosophy of the coach
- Location of practices and games
- Team requirements
- Team discipline and behavior

As your child becomes involved in the athletics program at Valley High School, they will experience some of the most rewarding moments in their life. It is important that your child understands, that just like life, there may be times when things do not go the way they expect. At these times, we have created a protocol for parents and athletes to follow:

- 1 - The athlete has a conversation with coach about the issue at hand.
- 2 - If it is unresolved, a meeting with parent, athlete and coach will be scheduled.
- 3 - If problems continue, a meeting with the parent, athlete, coach and Athletic Director will be scheduled.
- 4 - If there are more issues, a meeting with parent, athlete, coach, Athletic Director and Principal will be scheduled.

Student athletes are striving to succeed in two demanding areas simultaneously- academics and athletics. Student athletes have the responsibility of developing and working toward an educational goal, as well as training in their sport. The athletic department and coaching staff encourage and assist student-athletes in maintaining academic eligibility so they can continue to participate in athletics on campus.

Everyone at Valley High School, the staff, the faculty, parents and coaches join in this effort to build moral character by using every possible occasion to instruct, guide, encourage and motivate our student-athletes. We invite everyone to join us in celebrating our student-athletes throughout the year and join us at one or many of our athletic events.

Respectfully,

Nicki Swift, Athletic Director
"Talent Wins Games, Teamwork wins Championships"